

WAIVER & RELEASE & PROFESSIONAL AGREEMENT  
Assumption of Risks and Indemnity Agreement

So you've decided to Float! We are delighted to welcome YOU to [Float North](#). We want all of our guests to have an amazing and safe float session with us. To that end we request you read, understand and agree to the following policies and information:

It is our policy to refuse service to guests who cannot abide the following considerations that help ensure an amazing experience for all guests:

**Amenities** provided include: towel, washcloth, robe, ear plugs, shampoo and body wash, conditioner, hair dryer, private shower, powder room, and lounge area in which to enjoy filtered water &/or herbal tea & to savour the experience.

**Facilities:** In order to minimize all external noise, vibration, smell, or taste we ask guests to be mindful of wearing strong scents or perfumes and to keep voices down in the hallways.

**In the Case of Emergency:** during your float, please be advise that the emergency lighting will come on, an air horn will be sounded 3x to signify an emergency is in progress. Please exit the cabin quickly but safely.

**Due Care:** Each guest is advised to use available safety features such as grab bars, textured flooring & take precautions against wet or slippery floors to avoid slips, trips or falls. Surfaces may be wet as they are cleaned between each session.

**Filtration process:** begins when guests leave their float room. The water is sanitized through 4 cycles of treatment: #1) Primary particle filter, #2) UV filtration, #3) 1-micron filter #4) hydrogen peroxide shock, all within 20 minutes between each float session.

**Fees:** Standard float sessions are approximately 60-minutes, time may be added in advance if available. Fees vary based on the desired service package. Fees are subject to change.

**Cancellations policy:** We require 24 hours of notice to cancel a reserved session whenever possible. If you cannot do so, we reserve the right to bill you for the normal session fee.

**I will not use the floatation cabin if:**

- ✚ I have not showered thoroughly and still have oils, creams, or makeup on my body or in my hair
- ✚ I have had any type of hair color/treatment within the past 4 weeks.
- ✚ I have had a tattoo within the past 4 weeks or if it is not fully healed. Your tattoo could be damaged if you float when you are not fully healed.
- ✚ I am under the influence of alcohol or drugs.
- ✚ I have a communicable or infectious skin condition, disorder, diseases or open sores.
- ✚ I am diabetic, unless it is under medical control.
- ✚ I have kidney disease or any involuntary release of bodily fluids of any kind.
- ✚ I have any medical history for which I have not received my Dr.'s permission to use the float cabins.

I understand that violation of any of these rules that results in contamination of the float cabin water may result in a salt replacement fee of up to \$1,500.00

I am choosing to use floatation therapy of my own free will and shall not hold the owner/operator or Float North liable for any injury during a session or while on the premises.

Float North reserves the right to refuse service to anyone at anytime.

**Please Note\* It is recommended that any person(s) who are unable to safely enter and exit the cabin or open pool without assistance not participate in this service unless accompanied by an attendant who can assist.**

I have read and understand and agree to all of the terms & policies listed above. This signed documents represents an agreement between Float North and myself, which Float North may revoke in writing at any time.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Float Facilitator: \_\_\_\_\_

Date: \_\_\_\_\_



# FLOAT NORTH

## NEW CLIENT INTAKE

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

E-mail: \_\_\_\_\_

Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_

Relationship to you: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Would you like to receive our occasional e-newsletter? \_\_\_\_\_

What areas of your life do you hope FLOATING will improve? Check as many as apply:

### PHYSICAL CONDITIONS

Increase Energy  
Alleviate Physical Pain  
Improve Athletic Ability  
Accelerate Physical Recovery  
Headache/Migraine Relief  
Lower Blood Pressure  
Improve Sleep Quality  
Minimize Jet Lag  
Improve Circulation

### PERSONAL GOALS

Enhance Meditation Practice  
Personal Growth  
Strengthen Problem Solving  
Increase Creativity  
Heighten Intuition  
Increase Motivation  
Elevate Mood

### CLINICAL GOALS

Reduce stress-related illness  
Reduce Depression  
Reduce Anxiety  
Stress Relief  
PTSD Symptom Reduction  
Fibromyalgia Relief  
Reduced Addictive Behaviours  
MS & Arthritis Relief

Please keep in mind that every BODY responds to Float Therapy differently and very individually. Every float is different and the benefits are cumulative.

### OPTIONAL:

Do you have any additional therapy goals not listed above: \_\_\_\_\_

If experiencing pain, can you describe it? \_\_\_\_\_

What do you currently do to relieve the above concerns? \_\_\_\_\_

List anything that has / or has not worked for you? \_\_\_\_\_

Are you currently taking any medications? Yes \_\_\_\_\_ No \_\_\_\_\_

If Yes, which medications? \_\_\_\_\_

**To ensure your safety and enjoyment PLEASE be sure to speak with your doctor for their approval and to address any or all concerns.**



# FLOAT NORTH

Parking is available in the parking garage next to Float North's entrance.

You may park in any unmarked spot in the garage.

Use the elevator or stairs to come up to ground level.

## **BEFORE THE FLOAT**

Arrive & check-in 15 minutes before your float

Avoid or minimize caffeine intake

Don't shave or wax (it will sting)

Remove your contacts & jewelry

Bring personal cosmetics, hairbrush, and contact lens case

## **REMEMBER:**

Apply silicone ear plugs to dry ears

Cover small cuts with supplied A&D ointment

Shampoo, Wash & RINSE thoroughly

Dry your face to avoid getting salt-water in eyes

## **OPTIONAL:**

Bring fresh socks and underwear. It's nice to get into clean cloths when you are done.

Bring a journal to record your impressions

Bring someone special to share the experience

## **IN CASE OF EMERGENCY:**

Emergency lights will come on in Float Rooms.

Follow exit signs to nearest exit door.

Muster Point is at front entrance